

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Herreman Kurt

Coaches: Horr  Milan

Coaches: Vansteenkiste Xavier HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:3, starttime: 14:55
Heat: 3/10 Lane : 1 Athlete: VANHEE TIBE					Q-time: 01:39:06
PB (25m pool): 01:39.19 Brugge 04/10/2026					PB (50m pool): 01:39.06 SB: 01:39.19 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.45		01:39.19	
		00:46.45		00:52.74	
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:10, starttime: 15:10
Heat: 10/10 Lane : 8 Athlete: GOEMAERE CYRIEL					Q-time: 01:22:49
PB (25m pool): 01:22.49 Ettelbruck 19/04/2026					PB (50m pool): 01:23.49 SB: 01:22.86 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.07		01:22.49	
		00:39.07		00:43.42	
					

Coach feedback:

Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:1, starttime: 15:22
Heat: 1/4 Lane : 4 Athlete: BAEYENS WARRE					Q-time: 01:15:70
PB (25m pool): 01:15.70 Temse 17/11/2025					PB (50m pool): 01:16.54 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.09		01:15.70	
		00:36.09		00:39.61	
					

Coach feedback:

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Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:2, starttime: 15:24
Heat: 2/4 Lane : 1 Athlete: TACQ NATHAN					Q-time: 01:14:61
PB (25m pool): 01:15.11 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:14.61 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.82		01:15.11	
	00:35.82		00:39.29		
					

Coach feedback:

Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:4, starttime: 15:38	
Heat: 4/5 Lane : 6 Athlete: LAGACIE AXELLE							Q-time: 02:18:87	
PB (25m pool): 02:18.87 Brugge 04/10/2026				PB (50m pool): 02:20.92SB: 02:18.87 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.38		01:08.48		01:45.02		02:18.87
	00:32.38		00:36.10		00:36.54		00:33.85	
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:6, starttime: 15:59	
Heat: 6/6 Lane : 1 Athlete: COENE TIELE							Q-time: 02:09:96	
PB (25m pool): 02:09.96 Brugge 04/10/2026				PB (50m pool): 02:13.20SB: 02:09.96 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.63		01:02.80		01:36.74		02:09.96
	00:29.63		00:33.17		00:33.94		00:33.22	
								

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:6, starttime: 16:38
Heat: 6/10 Lane : 5 Athlete: VANHEE TIBE					Q-time: 01:19:91
PB (25m pool): 01:19.91 Menen 01/05/2026					PB (50m pool): 01:20.62 SB: 01:20.55 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.46		01:19.91	
	00:38.46		00:41.45		
					

Coach feedback:

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Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:9, starttime: 16:45
Heat: 9/10 Lane : 8 Athlete: GOEMAERE CYRIEL					Q-time: 01:15:66
PB (25m pool): 01:15.66 Ettelbruck 19/04/2026					PB (50m pool): 01:17.21 SB: 01:16.75 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.56		01:15.66	
	00:37.56		00:38.10		
					

Coach feedback:

Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:4, starttime: 17:14	
Heat: 4/4 Lane : 7 Athlete: PATTYN LOWIE							Q-time: 02:13:30	
PB (25m pool): 02:08.25 Aachen 11/10/2026				PB (50m pool): 02:12.92SB: 02:08.25 Aachen 11/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.11		01:02.64		01:35.32		02:08.25
	00:30.11		00:32.53		00:32.68		00:32.93	
								

Coach feedback:

Event number: 49: 50M BUTTERFLY WOMEN 13-14					Heat:1, starttime: 17:17
Heat: 1/4 Lane : 5 Athlete: THIENPONDNT NINA					Q-time: 00:33:64
PB (25m pool): 00:33.81 Temse 17/11/2025					PB (50m pool): 00:33.64 SB: no time
	2 5 M	5 0 M			
PB		00:33.81			
	00:33.81				
					

Coach feedback: